This worksheet is designed to help students select courses which are likely to meet the pre-requisite requirements for admission to a PHYSICAL THERAPY program. These suggested courses satisfy requirements in the Associate in Science degree program at Prairie State College and provide a basis for transferring to a four-year institution. This program meets the guidelines of the IAI (Illinois Articulation Initiative) General Education Core. Students should obtain a copy of the Associate in Science Degree Worksheet and should visit the IAI Website at www.iTransfer.org for more information. Students should also contact the school(s) of physical therapy they plan to apply to for further information about the application and admission process.

Physical therapy is the promotion of optimum human health and function through the application of scientific principles to prevent, identify, correct, or alleviate dysfunction of anatomy or physiology origin. This program provides the student with sound background in the basic sciences and mathematics necessary for admission to a physical therapy program. PHYSICAL THERAPY is a doctoral degree level program and admission to these programs is very competitive! Physical therapy programs look for students with high grade point averages, especially in the science and math courses. In addition, documented volunteer or paid experience in the health care field is a often a prerequisite for admission to most programs.

SUGGESTED CURRICULUM
Each senior institution has its own transfer policies. Therefore, we cannot guarantee the accuracy of this information in regard to every individual school. Consult the school of your choice and/or the Prairie State College Counseling and Advising Center to discuss the transferability of courses.

TRANSFERABLE GENERAL EDUCATION CORE (41 credits)
Area A: Communications (9 credits)
- ENG 101(3) [C1 900]* Composition I (Prereq. ENG 099, C or better, or qualifying score of English Placement Test)
- ENG 102 (3) [C1 901R]* Composition II (Prereq. ENG 101 with C or better)
- COMM 101 (3) [C2 900] Principles of Communication (Prereq. Placement in ENG 099 or above)

*Must have a C or better in ENG 101 & 102 to receive credit for this degree.

Area B: Humanities and Fine Arts (9 credits)
Select three courses with at least one course selected from the humanities area and one course from the fine arts area. Refer to the Associate in Science Degree Worksheet, Area B, for a listing of approved course choices.

- Humanities Course (3)
- Fine Arts Course (3)
- Humanities/Fine Arts Course (3)

Area C: Mathematics (5 credits)
- MATH 153 (4) [M1 902] Probability and Statistics (Prereq. MATH 151 with C or better or qualifying score on Math Placement Test)

Area D: Physical and Life Sciences (9 credits)
- BIOL 112 (4) [L1 910L] Organismal Biology (Prereq. Placements in ENG 099 and MATH 090 or above)
- CHEM 110 (5) [P1 902L] General Chemistry I (Prereq. MATH 095 with C or better or placement in MATH 151 AND HS chemistry or CHEM 105)

Area E: Social and Behavioral Sciences (9 credits)
Select three courses in at least two different disciplines. Refer to the Associate in Science Degree Worksheet, Area E, for a listing of approved course choices.

- PSYCH 101(3) [S6 900] Introduction to Psychology (Prereq. Placement in ENG 099 or above)
- Social/Behavioral Sci Course (3)
- Social/Behavioral Sci Course (3)
PHYSICAL THERAPY MAJOR COURSE RECOMMENDATIONS (21 credits)

(Select 21 credits from the “suggested” course recommendations listed below:

Suggested Pre-Physical Therapy Core Courses often include:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Prerequisites</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIOL 111 (4)</td>
<td>Cellular &amp; Molecular Biology</td>
<td>Prereq. HS BIOL, BIOL 100, 108 or 112 with C or better and placements in ENG 099 and MATH 090 or above</td>
</tr>
<tr>
<td>BIOL 221 (4)</td>
<td>Human Anatomy &amp; Physiology I</td>
<td>Prereq. BIOL 111 or CHEM 105 in the past 5 years with C or better</td>
</tr>
<tr>
<td>BIOL 222 (4)</td>
<td>Human Anatomy &amp; Physiology II</td>
<td>Prereq. BIOL 221 in the past 5 years with C or better</td>
</tr>
<tr>
<td>CHEM 130 (5)</td>
<td>General Chemistry II</td>
<td>Prereq. CHEM 110 with C or better</td>
</tr>
<tr>
<td>PHYSI 120 (4)</td>
<td>College Physics I</td>
<td>Prereq. MATH 151 with C or better or equivalent</td>
</tr>
<tr>
<td>PHYSI 130 (4)</td>
<td>College Physics II</td>
<td>Prereq. PHYSI 120 with C or better</td>
</tr>
</tbody>
</table>

Other suggested elective courses which satisfy the PSC AA/AS degree requirements may include transfer courses of 100 level or above (see the 2014-16 catalog, pages 49-51 for the list of approved transfer courses):

Additional courses recommended as transferable by the university to which you plan to transfer.

Up to four credits of physical education courses

Foreign language courses (Some universities have a foreign language requirement. Generally, four years of a single foreign language in high school, or four semesters in college, will fulfill this requirement. It is recommended that students complete the entire sequence at one institution.)

For the AA or AS degree, student may use one vocational/technical course (four credits or less) that is not on the approved list if they present documentation (recent written correspondence or transfer/advising guide) that the receiving institution will accept the course for credit. If a student plans to use more than one such course, he/she must obtain approval from the Vice President for Academic Affairs.

62 HOURS OF CREDIT REQUIRED FOR AN ASSOCIATE IN SCIENCE DEGREE

FOR FURTHER INFORMATION CONTACT:
Counseling and Academic Advising Center Room 1190 (708) 709-3506

FOR TRANSFER INFORMATION:
MyCreditsTransfer, formerly known as u.select: http://www.transferology.com/state/il?all
Illinois Articulation Initiative (IAI): www.iTransfer.org
Links to Articulation Tables for Illinois Colleges: http://www.itransfer.org/IAI/Other/Articulationlinks.taf
Visit the web sites of colleges and universities to which you plan to transfer
American Physical Therapy Association: http://www.apta.org

FOR CAREER INFORMATION;

PHYSICAL THERAPY ADMISSIONS PROCESS

Admission to a physical therapy program is very competitive!

There are a limited number of programs across the country and there are more than four times the number of applicants than spaces available in most programs. It is not unusual for students to apply several times, at many different schools, before being accepted into a program. It is also not uncommon for students to complete a baccalaureate degree in another major while waiting for acceptance into the physical therapy major.

Common Admission and Application Requirements for Schools of Physical Therapy include:

- Completion of a special application to the physical therapy program, along with the regular university application for admission. Deadlines to apply to the physical therapy program are usually earlier than those set for the university at large, and are strictly adhered to.
- Completion of all prerequisite courses with a high overall grade point average.
- A high grade point average in all the science and math prerequisite courses.
- Documented clinical experiences (usually on a volunteer basis) of at least 15 hours in each of the three different physical therapy facilities (and with three different licensed physical therapists).
- Letters of recommendation (as specified by the admissions committee).
- Written essays (usually required as part of the admissions application process) on topic(s) specified by the admissions committee of the physical therapy school.
What Does the Admissions Committee Look For?

✔ Most physical therapy programs have established minimum overall grade point averages for applicants. In addition, ability in the science and math courses is seen as the most valuable success indicator for physical therapy students; therefore, most schools also look for a high grade point average in science and math courses.

✔ The ability to communicate, relate to patients and their families, read and write reports, read literature to keep up to date with current physical therapy practice, teach patients and care givers, and relate to other members of the health care team are regarded as important attributes for physical therapists. Admissions committees look at the non-science courses taken, the essays written, and the letters of recommendation to try to find candidates who bring these attributes to the program.

✔ The physical therapy program is very academically challenging and the admissions committee is looking for applicants who have demonstrated they can thrive in a competitive environment. They want individuals who have taken heavy course loads with multiple science courses, gotten good grades, and overall, have taken difficult and challenging courses.

✔ Successful work and/or volunteer experiences greatly enhances a candidate’s prospect for acceptance. In addition, other pertinent skills such as ability to use sign language or fluently speak a language other than English, may add weight to an application.

PHYSICAL THERAPY DEGREE PROGRAMS IN ILLINOIS

BRADLEY UNIVERSITY - Doctor of Physical Therapy (DPT)
Department of Physical Therapy and Health Science
Bradley University
1501 West Bradley Avenue
Peoria, IL 61625
(309)677-3489
Web Address: http://www.bradley.edu/academics/ehs/dpt
Program E-mail: cwessler@bradley.edu

GOVERNORS STATE UNIVERSITY - Doctor of Physical Therapy (DPT)
Department of Physical Therapy
College of Health Professions
Governors State University
University Park, IL 60466
(708)534-7290
Web Address: www.govst.edu
Program E-mail: rwojcik@govst.edu

MIDWESTERN UNIVERSITY - Doctor of Physical Therapy (DPT)
Physical Therapy Program
College of Health Sciences
Midwestern University
555 31st Street
Downers Grove, IL 60515
(630)515-6462
Web Address: http://www.midwestern.edu/il-pt/
Program E-mail: dcechx@midwestern.edu

NORTHERN ILLINOIS UNIVERSITY - Doctor of Physical Therapy (DPT)
Program in Physical Therapy
School of Allied Health Professions
Northern Illinois University
DeKalb, IL 60115
(815)753-1383
Web Address: www.chhs.niu.edu/physical_therapy/dpt/index.shtml
Program E-mail: mblascha@niu.edu
NORTHWESTERN UNIVERSITY - Doctor of Physical Therapy (DPT)
Department of Physical Therapy and Human Movement Sciences
Northwestern University
Feinberg School of Medicine
645 North Michigan Avenue, Suite 1100
Chicago, IL 60611-2814
(312)908-8160
Web Address: www.feinberg.northwestern.edu/nupthms
Program E-mail: j-dewald@northwestern.edu

ROSALIND FRANKLIN UNIVERSITY OF MEDICINE AND SCIENCE - Doctor of Physical Therapy (DPT)
Department of Physical Therapy
3333 Green Bay Road
North Chicago, IL 60064
Phone: (847)578-3307
Web Address: www.rosalindfranklin.edu
Program E-mail: Betty.Melton@rosalindfranklin.edu

UNIVERSITY OF ILLINOIS AT CHICAGO - Doctor of Physical Therapy (DPT)
Department of Physical Therapy
College of Applied Health Sciences
The University of Illinois at Chicago
1919 West Taylor, M/C 898
Chicago, IL 60612
(312)996-7764
Web Address: http://www.ahs.uic.edu/pt/
Program E-mail: ysuarez@uic.edu

AMERICAN PHYSICAL THERAPY ASSOCIATION
To find accredited schools in other states, visit the website at: http://www.apta.org