

9TH ANNUAL MENTAL HEALTH CONFERENCE

Post-COVID Realities in Mental Health



Registration Closes May 17, 2023



Keynote Speaker | David T. Jones

Chief Behavioral Health Officer for the State of Illinois

A Pathway to Behavioral Health Wellness

Breakout Sessions Will Include:



Coasting on Fumes: Compassion Fatigue in the Post-COVID Landscape

Ashley Kuhl Piwowarski, PsyD, Executive Director of Outpatient Services, Hartgrove Behavioral Health System



Bridging The Gap to Care for Substance Use Patients Within the Hospital Setting

Victoria Zappavigna, LCSW, Manager of Clinical Operations, Chemical Dependency, Advocate Christ Medical Center



Centering Racial Trauma in Mental Health & Ways to Support Healing

Krista Woods, MSW, LCSW, Clinical Director, Integrity Clinical Consulting & Training LLC



The Promise of Public Education: Why Mental Health Must Be A Priority for Adults and Youth in Schools

Dr. Genevra Walters, Superintendent, Kankakee School District 111



The Trauma of Domestic Violence

Christine Alcorn Catena, MA, CDVP, CPAIP, Director of Support Services, Crisis Center for South Suburbia



Social Media Impact on Children and Teens' Mental Health

Dr. Ruby E. Powell, Founder & CEO, Oasis Empowerment Zone, Inc.; Executive Director, Dr. Ruby E. Powell & Associates LLC

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WHAT TO EXPECT

From social isolation and financial uncertainty to grief, anxiety, and depression, the pandemic has brought about unprecedented challenges and stressors that have significantly impacted people's mental wellbeing.

At this year's Mental Health Conference, we will explore various ways in which COVID-19 has affected mental health, share strategies for supporting individuals and communities, and discuss ways to promote mental wellness in a post-pandemic world.

WHO SHOULD ATTEND

Those interested in learning about mental health issues will gain valuable information. Participants who work in healthcare, education, counseling, social services, and emergency services are especially encouraged to attend.

Early Bird Registration from March 1-31: \$49 (\$59 including CEU/CPD)

Registration from April 1-30: \$59 (\$69 including CEU/CPD)

Late Registration from May 1-17: \$79 (\$89 including CEU/CPD)

CONTINUING EDUCATION & PROFESSIONAL DEVELOPMENT

6.0 CEUs available to Social Workers, Nursing Home Administrators, Registered Nurses, Advanced Practical Nurses, Licensed Practical Nurses, Licensed Professional Counselors, Licensed Clinical Professional Counselors, Marriage and Family Therapists, and Speech Pathologists through the Illinois Department of Financial and Professional Regulation.

6.0 PDs for Teachers through the Illinois State Board of Education

6.0 PDCs for Human Resources professionals through SHRM

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